



Kids learn better when asthma is controlled

Asthma often comes between children and learning

- Kids come to school **tired** because they coughed at night and didn't sleep well
- Children **miss school** due to asthma symptoms
- Students **can't focus** in class because of asthma symptoms



If kids miss class because of asthma, doctors CAN help

- Check if medicines are taken correctly
- Change medicine to one that works better
- Update asthma action plans



Kids need to visit the doctor for asthma!

- Regular doctor visits help keep asthma under control.
- If kids struggle with asthma, they should go to a doctor.



Missed school can mean missed work

When children stay home from school due to asthma attacks, parents often miss work!

Families can **talk with the school nurse** if their student is missing school or if they need to find resources to help **get their child to the doctor**



BACK is a school-based asthma program to improve asthma control so kids are ready to play and learn.

Check out [Coloradokidswithasthma.org](https://coloradokidswithasthma.org) for more information about asthma.

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