



Better Asthma Control for Kids

Colorado Asthma Care Plan Parent Quick-Reference Guide

The **Colorado Asthma Care Plan and Medication Order for School and Child Care Settings** is a form created to have a uniform care plan for children with asthma. This form helps children with asthma stay safe at school, and child care, by providing clear steps for recognizing asthma symptoms, using medications, and responding to emergencies. This form provides helpful information to school nurses and designated school staff who are involved in your child’s asthma care.

Why this is helpful

- Has all asthma medication information in one spot
- Gives a **clear roadmap** for what to do when symptoms appear by using a chart
 - Zones indicate symptoms and severity
 - Corresponding box shows what to do (step by step)
- Makes it easier for school staff, babysitters, and other caregivers to respond confidently when child is having trouble or in an emergency

Parts of the Care Plan

1. Student Information
2. Medication Information
3. Triggers, Allergy, and Self-carry option
4. Action Plan
5. Physician information and signature

Action Plan Zone

Green Zone — Doing Well	<ul style="list-style-type: none"> • No symptoms • This is where pre-treat instructions will be
Yellow Zone — Caution	<ul style="list-style-type: none"> • Mild symptoms (listed in chart) • Has step-by-step instructions for quick-relief medicine
Red Zone — Danger	<ul style="list-style-type: none"> • Severe symptoms (listed in chart) • Rescue medicine not helping • Directs caregivers to call 911 immediately and follow emergency medication instructions