



Asthma Navigator Training

Day 4
June 20, 2024

Agenda

- 8:00-12:00 Visits 1-3 Role Play
- **12:00-12:30 Lunch and Action Plans**
- 12:30-1:00 Materials: review and distribute

BACK Asthma Navigator Community Agreement



Remember we are all humans

Encourage a supportive and honest environment

Respect: Use inclusive language, respect each others time, respect each other's opinions

Commit to cultural humility

Know each other's strengths to share knowledge

Learn from each other's experiences

Open communication

- Open door policy for questions
- Speak freely
- Set up network for troubleshooting

Visits 1, 2, 3 Role Play

8:00-12:00

- Divide into groups of 4
- Role play visits with parent/caregivers and students
 - For visit 1, only focusing on asthma education and (SDOH- do we want to include?)
- Alternate who is playing what roles
 - AN
 - Student
 - Parent/Caregiver
 - Observer/Timer/ Note taker during discussion
- Use Visits 1-3 role play pages in your binder and/or the website to guide you through

Quick Tips

- Assess/appreciate health literacy/literacy
- Identify learning preferences
- Respect cultural background
- Involve them in education process
- Mutually identify learning needs and objectives (What do they want to learn?)
- Assess/evaluate learning and adjust your education
- Build on previous visits

Schedule

- Visit 1: Student
 - Spend 20 mins on teaching session
 - Spend 10 mins feedback
- Visit 1: Parent/Caregiver
 - Spend 20 mins on teaching session
 - Spend 10 mins feedback
- Return to big group for discussion of Visit 1 (15 mins)

Schedule

- Visit 2: Parent/Caregiver
 - Spend 20 mins on teaching session
 - Spend 10 mins feedback
- Visit 2: Student
 - Spend 20 mins on teaching session
 - Spend 10 mins feedback
- Return to big group for discussion of Visit 2 (15 minutes)

Schedule

- Visit 3: Student
 - Spend 20 mins on teaching session
 - Spend 10 mins feedback
- Visit 3: Parent/Caregiver
 - Spend 20 mins on teaching session
 - Spend 10 mins feedback
- Return to big group for discussion of Visit 3 (15 mins)

Planning time

12:00-12:30



- Back-to-School doc
 - Fill in your name to the events you can attend and add them to your calendar
- What other planning do you need to do right now?
 - Organize your notes?
 - Make a to do list of next steps?
- Create an action plan for your next steps over the next month to be the most prepared you can be for school events starting in late July

Start thinking about the areas you are not confident in yet. Do you need more training? More reviewing your notes? How can we support you?

Materials

- Teaching tools: Model bronchus, practi inhaler, trigger flash cards, printed materials, medication charts
- Swag: Pens, bags, stickers, T-shirts/jackets
- Back to school event materials: Tablecloth, flyers
- Other: Pencil boxes, folders, asthma forms