



Asthma Navigator Training

Day 3
June 19, 2024

Agenda

- 9:00-10:00 Team Building
- 10:00-11:00 Recruitment Discussion
- 11:00-11:45 Medication game
- 11:45-12:15 Inhaler technique role play
- **12:15-1:45 Lunch and Year 1 Celebration**
- 1:45-3:00 Interviewing to build report
- 3:00-3:30 Best practices for teaching caregivers
- 3:30-4:00 Best practices for teaching students
- 4:00-4:30 RedCap Q&A

Dinner: Time to yourselves!

Team Building

9:00-10:00

BACK Asthma Navigator Community Agreement



Remember we are all humans

Encourage a supportive and honest environment

Respect: Use inclusive language, respect each others time, respect each other's opinions

Commit to cultural humility

Know each other's strengths to share knowledge

Learn from each other's experiences

Open communication

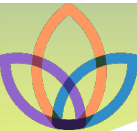
- Open door policy for questions
- Speak freely
- Set up network for troubleshooting

Recruitment Discussion

10:00-11:30

What went well last year for recruitment and enrollment?

- What led to success at registration events last year?
- What do good practices and communication with school nurses/team at look like for identifying students with asthma at the beginning of the year of the year look like?



**What did not go as well as would like
last year?**

Moving forward based on our learnings, what does best practices look like for

- Organizing ourselves for registration and Back to School events
- Good communication with school nurses/teams early in school year
 - Explaining program
 - Identifying eligible families
- Identifying students with asthma
- Completion of Asthma Intake Forms
- Identifying those eligible for study
- Contacting eligible families

Back to School Expectations

- Coordinate and plan ahead as much as possible to ensure coverage where needed
- For in-person registration
 - Bring AIFs and Asthma Care Plan and Medication Order for Schools forms
 - Complete tracking details (AIF answers in your own tracker)
 - Talk to parents of eligible kids asthma about the program and provide flyer
- For back to school events (non-registration)
 - Bring teaching materials
 - Bring AIFs and Asthma Care Plan and Medication Order for Schools forms
 - Bring fun items to hand out (ideas?)
 - Goal is to spread the word about the program

School Event Materials

- BACK shirt and name tag
- AIFs (paper and laminated)
- CO Asthma Care Plans (paper and laminated)
- BACK table cloth
- Model airway
- Practice-inhaler and spacer
- BACK flyers plus large flyer and flyer stand
- Fun items (straws to demonstrate restricted breathing), something to give away to kids

Guiding Questions – Parent/Guardian Recruitment

- How can you be successful with recruiting parents?
 - What methods worked well last year?
 - What methods were unsuccessful last year?
- Can anyone demonstrate their recruitment phone call?

Recruitment and enrollment processes

- Hold conversation with school nurse and health aide
 - Give materials – nurse folder, medication poster and sheet, laminated AIF and care plan, practi-inhaler, model bronchus
 - Determine the process (will they be sending a school nurse letter?)
 - Ask about how involved they want to be
- Contact parents about program 5 times to attempt to enroll and record attempts in RedCap
- Schedule visit 1



Better Asthma Control for Kids

Asthma Medication Review

11:00-11:45

Jeopardy Game!

Inhaler Technique Practice

11:45-12:15

2024 cohort pair up with someone from the 2023 cohort and practice teaching inhaler technique (MDI alone, MDI plus spacer, DPI)

LUNCH

12:15-1:45

Applying Motivational Interviewing

1:45-3:00

How would you apply what was learned yesterday to school nurses, families (recruitment, visits), students

Overall Reflection

- What impacted you most from MI training?
- What are you excited to apply to BACK?
- What topics did you start learning about and want to continue building on throughout the year?
- Other reflections?

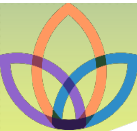
MI and Recruitment

- What did you learn yesterday that could be applied to recruitment of caregivers?
- What did we learn last year about recruitment and beginning the trust building process?
 - Establish placement within the school
 - What is the hook?
 - Asking open ended questions about their student's asthma
 - Frame program positively so they don't feel defensive

MI and Visits

- What did you learn yesterday that could be applied to visits with caregivers?
- What did we learn last year about building trust with caregivers?
 - Finding common ground
 - Being consistent (on time and responsive)
 - Take notes/remember things about their life and ask at next visit
- What did you learn yesterday that could be applied to visits with students?

What are some instances last year that were hard to handle with parents and how would you respond now?



Better Asthma Control for Kids

Best Practices for Teaching Parents/Caregivers

3:00-3:30

Parent/Caregiver Education Guiding Questions

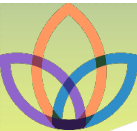
- What went well last year with teaching parents?
- What was hard about teaching parents?
- How can you make sure they are absorbing what you are saying?
- How can you keep them engaged?
- How do you tailor your education?
- How are you building and incorporating teaching/lessons from the previous visit(s)?
- What would you like to change

Parent/Caregiver Education Materials

- **Visit 1** (topics: what is asthma, medications, asthma control, inhaler technique)
 - Asthma Attack handout
 - Asthma Guide booklet
 - What is Asthma handout
 - Model Airway
 - Practi-inhaler
- **Visit 2** (topics: Asthma Action Plans, Care Plans, triggers, inhalers)
 - Overall trigger hand out
 - Specific trigger hand outs
- **Visit 3** (Back to School packet/checklist, asthma and exercise, medication/inhaler)
 - Back to School Checklist

Parent/Caregiver Education Materials

- Do we need additional materials/teaching supports for any of the visits?



Better Asthma Control for Kids

Best Practices for Teaching Kids

3:30-4:00

Student Education Guiding Questions

- What went well last year with teaching kids?
- What didn't go as planned?
- What were challenges?
- How is teaching students different from teaching parents?
- How can you tailor the teaching to different aged students?
- How can you keep them engaged?
- How do you tailor your education?
- How are you building and incorporating teaching/lessons from the previous visit(s)?
- What would you like to change

Student education materials

- Visit 1
 - Model airway
 - Practi-inhaler to demonstrate
- Visit 2
 - Trigger flash cards
 - Inhaler technique flash cards
- Visit 3
 - Inhaler technique flash cards
 - Completion certificate
 - Ribbons

Do we need additional materials? Do we need to make changes?



Better Asthma Control for Kids

RedCap Q&A

What questions do you have about RedCap?

What things do you want to spend more time with in RedCap?