

Goals for Getting Rid of Mold

Use the air conditioner in warm weather; do not use a humidifier.



Dry all mops and rags before storing.

Rinse mildewed shower curtain and other bathroom areas with 1 part bleach to 9 parts water once a week.

Throw out old newspapers, books, and magazines.



Vent the clothes dryer to the outside.

When boiling water, use a fan or put a lid on the pot.



Use an air-cleaning device with a HEPA filter or a dehumidifier in the home.

Hang up wet towels and laundry to dry; do not pile in basements or other damp areas.



Use a fan or open a door or window to ventilate the bathroom during showers and baths.



Clean the kitchen with 1 part bleach to 9 parts water once a week when the person with asthma is not at home.

Limit the number of plants, especially in the bedroom.



Open a window if clothes are hung up to dry indoors.

Avoid rooms that have a musty smell and/or appear to have mold, such as the basement.

