

## DOES YOUR CHILD HAVE ASTHMA?

- No** – STOP HERE
- Yes** – Please complete this form

If you have any questions, please contact your child’s school nurse.

Date form completed: \_\_\_\_\_ Student ID \_\_\_\_\_

Student Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Parent/Guardian Name & Phone #: \_\_\_\_\_

Name of person completing form and relationship (i.e. mom, dad, grandma): \_\_\_\_\_

Health Care Provider for asthma (name & phone #): \_\_\_\_\_

- In the past 12 months, how many times has your child visited the ER/urgent care or had an urgent doctor’s office visit for asthma?

0 times     1 times     2 times     3 times     4 times     5 or more times
- In the past 12 months, how many times has your child been hospitalized overnight for asthma?

0 times     1 times     2 times     3 times     4 times     5 or more times
- In the past 12 months, how many times has your child used oral steroids (prednisone, Orapred) to treat an asthma attack?

0 times     1 times     2 times     3 times     4 times     5 or more times
- How many days of school did your child miss this past school year because of asthma?

0 days     1-2 days     3-5 days     6-10 days     11-15 days     15 or more days
- In the past 4 weeks, how often has your child used a rescue or reliever medicine (a syrup, inhaler, or breathing machine) to relieve coughing, trouble breathing, or wheezing?

Never     1-2 days/week     3 or more days/week but not every day     Every day
- In the past 4 weeks, how often has your child had coughing, trouble breathing, or wheezing in the morning or during the day?

Never     1-2 days/week     3 or more days/week but not every day     Every day
- In the past 4 weeks, how often has your child awakened at night because of coughing, trouble breathing, or wheezing?

Never     1-2 times/month     3 or more times/month     2 or more times/week     Every night
- In the past 4 weeks, how often has your child’s asthma bothered or interrupted him/her during normal activities (playing, running around, and sports)?

Never     Rarely     Sometimes     Often     All of the time
- What triggers your child’s asthma? (Check all that apply)

Illness (colds)     Smoke    Allergies:  Cat  Dog  Dust  Mold  Pollen

Emotions (crying, laughing, stress)  Exercise/physical activity     Food: \_\_\_\_\_

Weather changes     Strong odors/smells Other: \_\_\_\_\_

10. Please write the names or colors of medicines (inhalers/puffers, pills, liquids, nebulizers) your child takes for asthma and allergies (the ones every day and as needed) and give the nurse a copy of your written asthma treatment plan.

List Names or Colors of Medicines Used for Asthma	

11. How well does your child take asthma medicines? (Only one answer)
- Takes medicine by self     Needs help taking medicine     Not using medicine now

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_ School Nurse Reviewed \_\_\_\_\_ Date \_\_\_\_\_